



Westbourne Grove Church Weekly bookings

Mondays

**09:00-13:00
Daysit**
Offering space for the vulnerable and homeless to sit and talk, have a cup of tea and a shower.
westbournegrovechurch.org

**14:15-17:00
Little House of Science**
Introducing science and maths to toddlers and children in a fun and inspirational way
littlehouseofscience.com

**15:00-18:00
Capoeira 4 Children**
Dance & martial art fitness for ages 4-12 years
capoeiralondontown.com

**18:15-20:45
Andrew Robson Bridge**
Learn Bridge with expert tuition.
bridge@arbnh.com

**19:00-20:45
Erika Tourell Yoga**
Yoga classes with meditation
erikatourellyoga@gmail.com

Tuesdays

**09:15-10:15
Doni Dance**
Latin exercise dance classes
donidancecompany@gmail.com

**09:30-16:00
Andrew Robson Bridge**
Learn Bridge with expert tuition.
bridge@arbnh.com

**16:00-19:00
The Ballet School**
Ballet classes for children in nursery upwards
theballetschool.co.uk

**17:30-19:00
Kensington & Chelsea chess club**
Chess club for kids.

**19:20-20:20
Loupy Yoga**
Yoga classes for the mind and body
louise@loupyoga.com

Wednesdays

**09:30-14:30
Andrew Robson Bridge**
Learn Bridge with expert tuition.
bridge@arbnh.com

**15:30-20:15
The Ballet School**
Ballet classes for children in nursery upwards
theballetschool.co.uk

**16:30-17:15
BabyBop**
Dance activities for children 2-4 years
babybop.com

**18:30-19:30
Solang Therapy Class**
Relaxation and exercise method for modern people
info@lucasolang.com

Thursdays

**09:30-12:00
Andrew Robson Bridge**
Learn Bridge with expert tuition.
bridge@arbnh.com

**09:30-10:30, 16:00-18:45
The Ballet School**
Ballet classes for children in nursery upwards
theballetschool.co.uk

**14:00-15:00
English Cafe**
A friendly place to improve your verbal communication skills
reception@westbournegrovechurch.org

**15:30-17:30
BabyBop**
Dance activities for children 2-4 years
babybop.com

Fridays

**09:15-10:15
Doni Dance**
Latin exercise dance classes
donidancecompany@gmail.com

**14:00-18:00
Children's party slot**
Hosting parties in our main hall subject to availability.
Please ask at reception for details.
reception@westbournegrovechurch.org

**19:30-22:30
Film Club / Homegroup**
Taking place on alternate Friday evenings hosted by the church minister.
westbournegrovechurch.org

Saturdays

**09:00-13:30, 14:00-18:00
Children's party slots**
Hosting parties in our main hall subject to availability.
Please ask at reception for details.
reception@westbournegrovechurch.org

**10:45-12:15
Slow Flow Yoga**
Drop in yoga classes for all levels
info@sueyoga.co.uk

Sundays

**10:00-14:30
Church service**
Sunday service followed by lunch with the congregation
westbournegrovechurch.org

Westbourne Grove Church also hosts a number of 12 step meetings & support groups. For more information please ask at reception or check organisations websites.